



Chameleons' news

The monthly newsletter of the Cardiff Chameleons

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Affiliated to:-Special Olympics GB, Special Olympics Wales, MENCAP,
Welsh Sports Association for People with Learning Disabilities.

Registered Charity No. 1103879

WEBSITE: www.cardiffchameleons.co.uk

Save & Raise

"100" Club

March winners were:-

£20.00 No.7 Pauline Flynn

£10.00 No.39 Nicola Davies

£5.00 No.44 Freda Bailey

The lucky winners have been notified. The next draw will be on the 15th April.

There will be no swim sessions on Monday 7th and Tuesday 8th May as it is the May Day bank holiday, also, Monday 28th and Tuesday 29th as that is the spring bank holiday.

A REMINDER... that you need to attend **at least 26 training sessions** in the year of the sport of your choice before you can put your name down to go to a gala, or bowls competition, in other words you need to do the 26 weeks swim training if you want to compete at a gala.

GOOD LUCK to the swimmers who are attending the gala at Hatfield later this month! This is the first time we have attended this one...and...

WELL DONE to all those who went to Torquay to play bowls last month. An enjoyable time was had by all. See Barrie's write up further on!

The SOUTH WALES ECHO TOKENS... Elaine has sent in over 1200 tokens! A BIG thank you; to all of you who collected them for us. We will let you know how much money we receive in due course.

NEW WEBSITE

Our thanks go to Margaret Krawiecka who has set us up a website giving the Club a good promotion. Margaret is with the bowls group so at the moment most of it appertains to them but once any swimming events materialise then we shall get them on the site. So go to www.cardiffchameleons.co.uk and have a browse. Those of you who get this by e-mail just place the cursor on the address and control & click on the link and it should take you to it but it may take a few seconds or so. The website address will now be on the newsletter header in future.

60th ANNIVERSARY

We will be celebrating 60 years as a Club next year and so we are looking for some ideas on how to celebrate it. A dinner is going to be held on June 15th at St. Peter's Hall. We have thought of a Club photograph, a special gala and getting in some memorabilia such as pens. A sub-committee may need to be formed but if you have any ideas please contact me or another member of the committee.

Penarth Operatic & Drama Society is performing an adaptation of "Spamalot". We are arranging to go and see it at the Paget Rooms on Friday 18th May. If you would like to go, please contact Denise on 2075 2909.

S.O. Wales AGM

This being held on Sunday 22nd April in the Sophia Suite, Sport Wales National Sports Centre, Sophia Gardens at 2pm. Nominations are available for all the committee and Head Coaches. If you wish to know any further information on these please contact Pamela. Minutes of the last AGM are available on request.

CARDIFF MENCAP CARAVAN

Fancy a week relaxing in west Wales? Then why not book the caravan which is situated in Penally just outside Tenby. Details of availability cost and bookings can be made through Denise Pearson on (029) 2075 2909.

The following is a write up from Barrie.

Torquay Bowls Weekend

After a short delay due to a medical emergency, 25 bowlers, families and coaches departed for the TLH resort in Torquay for our annual Tournament against S.O. Plymouth and Plymouth Disability Bowls Club. There were twenty two Competitors in all and the competition took place over three two hour sessions. By the last session all our bowlers were tuned in to the green and some really excellent bowls were played by all.

The results were very close and in both the men's and women's sections went down to shot difference. Anne-Marie Coles took second place in the ladies competition and Gareth Howell took Second place in the men's competition with James O'Brien in fourth and Paul Rogers in fifth place. The TLH resort staff were excellent, the food was excellent, the company was excellent, what more could you ask for.

Ben Lewis, look what you missed! Hope you are on the mend and hope to see you at bowls very soon.

Photographs can be seen on our website under indoor bowls>Torquay tournament

BOWLS DIARY

The following is from Barrie to all our bowlers;-

The dates for competitions for 2018 are as follows:-

4th May – 25th May. Club Singles Competitions
6th June. Great Western Bowls Tournament Stroud.
A one day rinks competition 10am – 4pm.
Leaving Cardiff approximately 8:15am returning 5pm.
Three teams required.

4-5th August. Special Olympic, South West Regional event at
Plymouth Life Centre. This is a Rinks competition (team of 4 players)
Departing Saturday 4th August, overnight stay and
Bowling from 9am – 4pm Sunday Return Sunday evening.

Date in Early October. Welsh Learning Disability Bowls Championships?
To be Confirmed!

Please let the Coaching team know whether you're available especially for the 6th June and 4-5th August so that we can plan teams, transport and accommodation. Costing and timings nearer the time.

How to contact us...			
Pamela	Swim coach	07817 380355	pamela.bailey6@virginmedia.com
Robin	Swim coach	2021 8006	
Barrie	Bowls coach	2075 3038	barriejenkins500@outlook.com
Elaine	Treasurer	2076 4770	elainemdaw@googlemail.com
Denise	Committee member	2075 2909	
Ian	Committee member	2023 3065	
Heather	Committee member		
Steve	Newsletter / chair	2025 7314	steve.bailey497@ntlworld.com
Club sessions	Swimming Pentwyn LC Mondays 8pm – 8.45pm	Swimming Eastern LC Tuesdays 8.30pm -9.15pm	Bowls Cardiff Indoor Bowls Club Sophia Gardens Fridays 4pm – 6pm
<p>Any items for the newsletter need to be in 5 days prior to the end of the month. Please put them in a word document and as an attachment to the e-mail. Thank you.</p> <p>Articles submitted to the newsletter are included as written and not subject to changes and not necessarily the views of the editor.</p>			