

CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons

Affiliated to: MENCAP / Welsh Sports Association / Special Olympics GB / Special Olympics Wales

Website: www.cardiffchameleons.co.uk

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CONGRATULATIONS!

To **Richard Marshall** who celebrates his **50th** birthday and also to **Myrtle Beech** who celebrates her **101st** birthday this month. Both of you enjoy your special days!

Our HSBC Branch to close, please read the last article "Paying money to the Club".

EASTER RAFFLE WINNERS

The winners were drawn on Sunday 26th March at our swim session and are:-

Prize No.	Name	Ticket Numbers	Prize
1	Jane Ratcliff	571-575 (pink)	Cadbury Dairy Milk Buttons
2	Alan Beech	396-400 (blue)	Bunny Jar with Cadbury Mini Eggs
3	Barrie Jenkins	521-525 (blue)	Galaxy Minstrels
4	Jayne Morgan	396-400 (pink)	Terrys Chocolate Orange
5	Richard Marshall	346-350 (pink)	Celebrations
6	Denise Pearson	556-560 (pink)	Maltesers
7	Ceri Portelli	466-470 (pink)	Cadbury Twirl (Orange)
8	James Savory	216-220 (pink)	Cadbury Crunchie
9	James O'Brien	416-420 (blue)	Cadbury Crème Egg
10	Alex Griffiths	201-205 (pink)	Cadbury Caramel
11	Amy Helyar	196-200 (pink)	Cadbury Wispa
12	Freda Bailey	321-325 (pink)	Maynard's/Bassetts Jelly Babies

Thank you to all those who bought tickets and congratulations to the winners. It raised **£144.00** for Club funds.

EASTER BREAK

The swimmers are taking a break! There will be no swimming on Thursday 6th April and Sunday 9th April. We will return on the 13th and 16th.

The bowlers won't be meeting on Friday 7th April.

CORONATION AFTERNOON TEA

We are putting on an afternoon tea at Howells school on **Sunday 7th May** to mark the Coronation of King Charles III.

The Club is paying for this one so will be a free event and all we need to know from you is that you are going to attend so we know how many to cater for; and for you to bring your own drink, alcoholic or soft. The afternoon will start at about **2.30pm**. A raffle will be done as usual.

Please note there will not be our usual swim session that evening.

SWIM SESSIONS

HOWELLS SCHOOL sessions for April are on Sunday 16th, 23rd and the 30th.

There is now only **one session** and that is from **6.15pm to 7.00pm**. For our beginners and novices, their session will be for half an hour from 5.45pm – 6.15pm.

PLEASE NOTE: Due to work being carried out within the school grounds sessions may be cancelled. We will endeavour to let you know as soon as we can if this happens.

CMC S&S CLUB - the sessions for April are on Thursday 13th, 20th and the 27th.

Please let Pamela know if you cannot attend a session

FORTHCOMING SWIMMING GALAS

We have the following galas coming up soon.

There is a gala being run by Swansea Stingrays on **Saturday 3rd June** which is just a day event. This a change of date, it was previously 20th May.

The Special Olympics North West Regional Gala (hosted by the Cheshire Penguins) is on **Saturday 17th June**. So, we will be going up on the Friday (16th) and return on the Sunday (18th).

If you wish to attend either or both of these events then please contact Pamela as soon as possible so that we can make the arrangements.

BOWLS SESSIONS & Competition news

Cardiff Indoor Bowls Club every Friday.

They are going up to Yorkshire from the 25th – 28th April for the LDIBIS competition.

And then, in the summer to the Great Western Bowls tournament on the 7th June.

CLUB SUBSIDY

It was decided that the Club would re-instate a subsidy when attending an event which means an overnight stay.

Therefore a **£10.00** subsidy, per person per night will be given to **athletes and coaches only** when attending an event which has overnight stays. This will apply to both the swimming and bowls groups.

2024

Next year, we will be celebrating our **65th anniversary**. We are looking into ways on how to celebrate this event. Have **YOU** an idea on how we can celebrate it either throughout the year or a one - off celebration. We have decided to start on this now as this is going to take time to organise.

TOTE & JUTE BAGS

We have a supply of Tote Bags and Jute Bags which have the Club Logo on the side which we are selling at £2.50 and £4.00 respectively. Ideal as gifts. These are available by contacting Pamela.

Welsh Sports Association for People with a Learning Disability (WSAPLD)

I am sorry to report that this organisation, which was another pioneering idea from Joyce Robinson to which we have been with for many, many years by attending their athletic events and swimming competitions, are sadly having to finish. They used to have many of the Special schools from all over Wales and even some of the day centres attend their events.

PAYING MONEY TO THE CLUB?

With the imminent closure of our branch of HSBC at Rhyd-y-penau crossroads it is going to be more difficult for Barrie to put in cheques and cash. We have been asking for sometime now to try and pay any money to the Club and to do it by bank transfer via your own bank.

This will avoid paying bank charges on cash and cheques when paying any monies to the Club please try and do it by bank transfer, the details are...

Bank: HSBC – Account name – Cardiff Chameleons – Sort Code 40-16-30 Account Number 01431285

It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.

Many thanks for your help.

How to contact us	
Coaches	Pamela – 029 2025 7314 07817 380355 pamela.bailey6@virginmedia.com
	Robin – 029 2021 8006
	Barrie – 029 2075 3038 barriejenkins50@live.com
Treasurer	Barrie Jenkins – Details as above.
Newsletter & Chair	Steve – 029 2025 7314 / 07791 759360 stephen.bailey497@ntlworld.com Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian – 029 2023 3065 Denise – 029 2075 2909
Club sessions	
Swimming - Howells School – Sundays 5.45pm – 6.15pm (novices) and 6.15pm – 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW site) – Thursdays 8.00pm – 8.45pm	
Bowls – Cardiff Indoor Bowls Club – Fridays - 4.00pm – 6.00pm.	