



CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons

liated to: MENCAP / Special Olympics GB / Special Olympics Wales
Welsh Sports Association for People with a Learning Disability

Website: www.cardiffchameleons.co.uk Registered Charity Number 1103879

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DONATIONS RECEIVED

Thank you to Denis Kelleher for donating £150.00 to the Club from selling his reindeers before last Christmas.

We also received a donation from the Clark family in lieu of Christmas cards.

Hilary Holtam also donated money to the Club.

Thank you all very much.

SWIM SESSIONS

HOWELLS SCHOOL sessions for February are on Sunday 5th, 12th, 19th and 26th.

There is now only **one session** and that is from **6.15pm to 7.00pm**.

For our beginners and novices, their session will be for half an hour from 5.45pm – 6.15pm.

PLEASE NOTE: Due to work being carried out within the school grounds sessions may be cancelled. We will endeavour to let you know as soon as we can if this happens.

CMC S&S CLUB - the sessions for February are on Thursday 2nd, 9th, 16th and 23rd.

Please let Pamela know if you cannot attend a session.

BOWLS SESSIONS & Competition news

Cardiff Indoor Bowls Club every Friday.

The bowlers have a few trips away to competitions coming up. They are off to Torquay on the 24th – 26th March. Then up to Yorkshire from the 25th – 28th April for the LDIBIS competition and then in the summer for the Great Western Bowls tournament on the 7th June.

EASTER RAFFLE

Pamela is going to do this as a fundraiser for the Club. Look out for more details next month!

TOTE & JUTE BAGS

We have a supply of Tote Bags and Jute Bags which have the Club Logo on the side which we are selling at £2.50 and £4.00 respectively. Handy as shopping bags which are light and strong. Ideal as gifts. These are available by contacting Pamela.

PAYING MONEY TO THE CLUB?

To avoid paying bank charges on cash and cheques when paying any monies to the Club please try and do it by bank transfer, the details are...

Bank: HSBC – Account name – Cardiff Chameleons – Sort Code 40-16-30 Account Number 01431285

It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.

Many thanks for your help.

How to contact us	
Coaches	Pamela – 029 2025 7314 07817 380355 pamela.bailey6@virginmedia.com
	Robin – 029 2021 6008
	Barrie – 029 2075 3038 barriejenkins50@live.com
Treasurer	Barrie Jenkins – Details as above.
Newsletter & Chair	Steve – 029 2025 7314 / 07791 759360 stephen.bailey497@ntlworld.com Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian – 029 2023 3065 Denise – 029 2075 2909
Club sessions	
Swimming - Howells School – Sunday 5.45 – 6.15pm (novices) and 6.15 – 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW site) – Thursday 8.00pm – 8.45pm	
Bowls – Cardiff Indoor Bowls Club – Friday 4.00 – 6.00pm	