

CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB
Special Olympics Wales Welsh Sports Association

Website: www.cardiffchameleons.co.uk

Registered Charity Number 1103879

VOLUME 30 - ISSUE 06 – JUNE 2023



JOHN STAFFORD & RICHARD MARSHALL

Would like to thank all those who gave / sent them cards and presents for their recently celebrated special birthdays.

CORONATION AFTERNOON TEA

The day after the coronation of King Charles III was designated as a “Big Lunch Day” where people would gather to have street parties etc. We had our “Afternoon Tea” at Howells school, although it turned out to be a dry and partly sunny day it had been decided to have it in the refectory (posh name for canteen) and 30 of us members came and we had sandwiches and doughnuts (thank you to “Greggs” as it saved us making loads of sandwiches), together with crisps, tomatoes, cakes and two trifles made by Pamela. I hastily found a quiz about King Charles III. The raffle raised the sum of £92.00.

My thanks go to Ian for decorating the room splendidly with flags and bunting and to Pamela and Rose for putting out the spread. A wonderful afternoon was had by all. Photos of the afternoon are at the end of this newsletter. (e-mail copy only).

SWIM SESSIONS

HOWELLS SCHOOL sessions for June are on Sunday 11th, 18th and 25th.

There is now only **one session** and that is from **6.15pm to 7.00pm**.

For our beginners and novices, their session will be for half an hour from 5.45pm - 6.15pm.

PLEASE NOTE: Due to work being carried out within the school grounds sessions may be cancelled. We will endeavour to let you know as soon as we can if this happens.

CMC S&S CLUB - the sessions for June are on Thursday 1st, 15th, 22nd and the 29th.

There is no session on the 8th as both Pamela and Robin are away.

Please let Pamela know if you cannot attend a session

ANNUAL CLUB SWIMMING GALA

This is going to be held on **SUNDAY 30th JULY** at the pool at Howells school. It was held there last year and was very successful. *We want all swimmers to let us know if you are attending* and to be at the Pool for **5pm** and we will start at **5.30pm**. It should all be over by 7.30pm.

We will now request that all those who won cups and trophies last year to make sure they have them engraved with their name and year (2022) and to start returning them.

We are still finalising details on the **presentations event** but this will be held at **St. Philip Evans Hall**, Llanedeyrn Drive, on **Sunday 6th August**. Details next month.

BOWLS SESSIONS & Competition news

The Bowls Group meet every Friday at the Cardiff Indoor Bowls Club, Sophia Gardens.

GOOD LUCK to all the bowlers attending their next competition which is to the Great Western Bowls tournament on the 7th June.

CLUB SUBSIDY

It was decided that the Club would re-instate a subsidy when attending an event which means an overnight stay.

Therefore a **£10.00** subsidy, per person per night will be given to **athletes and coaches only** when attending an event which has overnight stays. This will apply to both the swimming and bowls groups.

2024

Next year, we will be celebrating our **65th anniversary**. We are looking into ways on how to celebrate this event. This is **your Club**, have **YOU** an idea on how we can celebrate it either throughout the year or a one - off celebration. There will be much to arrange whatever we decide to do, so that is why we are putting it out to you now. If an idea is decided, could you help?

PAYING MONEY TO THE CLUB?

With the imminent closure of our branch of HSBC at Rhyd-y-penau crossroads it is going to be more difficult for Barrie to put in cheques and cash. We have been asking for sometime now to try and pay any money to the Club and to do it by bank transfer via your own bank.

This will avoid paying bank charges on cash and cheques when paying any monies to the Club please try and do it by bank transfer, the details are...

Bank: HSBC - Account name - Cardiff Chameleons - Sort Code 40-16-30 Account Number 01431285

It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.

Many thanks for your help.

How to contact us	
Coaches	Pamela - 029 2025 7314 07817 380355 pamela.bailey6@virginmedia.com
	Robin - 029 2021 8006
	Barrie - 029 2075 3038 barriejenkins50@live.com
Treasurer	Barrie Jenkins - Details as above.
Newsletter & Chair	Steve - 029 2025 7314 / 07791 759360 stephen.bailey497@ntlworld.com Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian - 029 2023 3065 Denise - 029 2075 2909
Club sessions	
Swimming - Howells School - Sundays 5.45pm - 6.15pm (novices) and 6.15pm - 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW site) - Thursdays 8.00pm - 8.45pm	
Bowls - Cardiff Indoor Bowls Club - Fridays - 4.00pm - 6.00pm.	

