



CHAMELEONS NEWS



The newsletter for the Cardiff Chameleons Swimming and Bowls Club

Affiliated to Special Olympics GB / Special Olympics Wales / Mencap / Welsh Sports Association for People with a Learning Disability. www.cardiffchameleons.co.uk Registered charity number 1103879

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CONGRATULATIONS TO...

Andrew Holdam who celebrates his **50th** birthday this month!
Also (as I saw this on Facebook) to **Anne-Marie Coles** and **Simon Bould**, two from our bowls group, who got married last month.

50+ Club

Winners for the May draw are £15.00 to Christopher Bourne and £10.00 to John Stafford. Congratulations!!

SWIM SESSIONS

Howells School the sessions for June are on the **12th, 19th and 26th** from 6pm until 6:45pm and 6:45pm until 7:30pm. You will need to book your place.

There will not be a session on Sunday 5th June as it is the Queen's Platinum Jubilee bank holiday.

CMC S&S Club the sessions for June are on the **9th, 16th, 23rd and 30th** from 8pm until 8:45pm and again you must book your place with Pamela.

There will not be a session on Thursday 2nd June as the S&S Club is closed.

The subs are **£3.00 per session** at both venues.

You will need to be a paid up Club member (£20) to be able to attend the sessions.

Parking is available by the pool at Howells school and for the CMC S&S there is free parking in the multi-storey car park. At the CMC S&S there is a room available for parents to go to whilst the session is going on. Please follow their Covid 19 protocol.

ADVANCE NOTICE: There will be no swim sessions on Sunday 24th July and Sunday 31st July and **ALL** Sundays in August.

FORTHCOMING GALA

Yorkshire & Humberside are holding a super - regional swimming gala as part of Special Olympics Summer Series of Sport. It is being held on **Saturday 6th August** at the John Charles Centre for Sport in Leeds. We will be travelling up on the Friday and will return on the Sunday. If any swimmer is interested please can you give your name to Pamela by **Thursday 18th June**.

CLUB GALA

This event is on **Sunday 24th July** at the pool at Howells School. This is going to start at 5pm until about 7.30pm. We are using this venue as spectator space will be available along the one side of the pool. Please can you let Pamela know if you are going to attend so that we can start putting a programme together!

The presentation evening will be at the CMC S&S Club on Tuesday 26th July starting at 7.30pm. We have had some returned already but we now need you to start **returning the cups and trophies** you won back in 2019 preferably engraved.

AFTERNOON TEA

We are planning this for **Sunday 31st July** again at Howells School. We are theming it on the *Queen's Platinum Jubilee and the Commonwealth Games*, so get your tiaras and running kit ready. **Starting from 2.30pm**, we will again be providing the food and we would like you to bring along your favourite drink. We are charging £3.00 per person (pay on entry) but you now need to let us know that you are coming for catering purposes. There will be our usual raffle. There will not be swim sessions in the evening.

Well done!

To the swimmers who went away to our first gala in three years at the NW regional gala in Liverpool. They all did well and returned with an array of medals.

Bank Transfers

To avoid paying bank charges on cash and cheques when paying any monies to the Club please try and do it by bank transfer, the details are...

Bank: HSBC – Account name – Cardiff Chameleons – Sort Code 40-16-30 – Account Number 01431285

It would also be helpful if you could add your surname and reason for payment e.g. Membership.

Many thanks for your help. Any queries please ring Elaine- 029 2076 4770.

How to contact us	
Coaches	Pamela – 029 2025 7314 / 07817 380355 pamela.bailey6@virginmedia.com
	Robin – 029 2021 6008
	Barrie – 029 2075 3038 / barriejenkins50@live.com
Treasurer	Elaine – 029 2076 4770 / elainemdaw@googlemail.com
Newsletter & Chair	Steve – 029 2025 7314 / 07791 759360 / stephen.bailey497@ntlworld.com 33 Ty Cerrig, Pentwyn, Cardiff. CF23 7DP Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Denise – 029 2075 2909
	Ian – 029 2023 3065
Club sessions	
Swimming - Howells School – Sunday 6.00-6.45pm & 6.45 – 7.30pm (Booking required) Cardiff Medical Centre Sports & Social Club (UHW site) – Thursday 8.00pm – 8.45pm (Booking required)	
Bowls – Cardiff Indoor Bowls Club - Friday 4.00 – 6.00pm	