

CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB
Special Olympics Wales Welsh Sports Association

Website: www.cardiffchameleons.co.uk

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CONGRATULATIONS!

To **John Stafford** who celebrates his **70th** this month. Enjoy your special day!

SWIM SESSIONS

HOWELLS SCHOOL sessions for May are on Sunday 14th, 21st and the 28th.

There is now only **one session** and that is from **6.15pm to 7.00pm**. For our beginners and novices, their session will be for half an hour from 5.45pm – 6.15pm.

PLEASE NOTE: Due to work being carried out within the school grounds sessions may be cancelled. We will endeavour to let you know as soon as we can if this happens.

CMC S&S CLUB - the sessions for May are on Thursday 4th, 11th, 18th and the 25th.

Please let Pamela know if you cannot attend a session

BOWLS SESSIONS & Competition news

Cardiff Indoor Bowls Club every Friday.

Their next competition is to the Great Western Bowls tournament on the 7th June.

CLUB SUBSIDY

It was decided that the Club would re-instate a subsidy when attending an event which means an overnight stay.

Therefore a **£10.00** subsidy, per person per night will be given to **athletes and coaches only** when attending an event which has overnight stays. This will apply to both the swimming and bowls groups.

2024

Next year, we will be celebrating our **65th anniversary**. We are looking into ways on how to celebrate this event. This is **your Club** have **YOU** an idea on how we can celebrate it either throughout the year or a one - off celebration. There will be much to arrange whatever we decide to do, so that is why we are putting it out to you now. If an idea is decided, could you help?

TOTE & JUTE BAGS

We have a supply of Tote Bags and Jute Bags which have the Club Logo on the side which we are selling at £2.50 and £4.00 respectively. Ideal as gifts. These are available by contacting Pamela.

PAYING MONEY TO THE CLUB?

With the imminent closure of our branch of HSBC at Rhyd-y-penau crossroads it is going to be more difficult for Barrie to put in cheques and cash. We have been asking for sometime now to try and pay any money to the Club and to do it by bank transfer via your own bank.

This will avoid paying bank charges on cash and cheques when paying any monies to the Club please try and do it by bank transfer, the details are...

**Bank: HSBC – Account name – Cardiff Chameleons – Sort Code 40-16-30
Account Number 01431285**

It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.

Many thanks for your help.

How to contact us	
Coaches	Pamela – 029 2025 7314 07817 380355 pamela.bailey6@virginmedia.com
	Robin – 029 2021 8006
	Barrie – 029 2075 3038 barriejenkins50@live.com
Treasurer	Barrie Jenkins – Details as above.
Newsletter & Chair	Steve – 029 2025 7314 / 07791 759360 stephen.bailey497@ntlworld.com Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian – 029 2023 3065
	Denise – 029 2075 2909
Club sessions	
Swimming - Howells School – Sundays 5.45pm – 6.15pm (novices) and 6.15pm – 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW site) – Thursdays 8.00pm – 8.45pm	
Bowls – Cardiff Indoor Bowls Club – Fridays - 4.00pm – 6.00pm.	