

## CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB  
Special Olympics Wales Welsh Sports Association

Website: [www.cardiffchameleons.co.uk](http://www.cardiffchameleons.co.uk)

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**HAPPY NEW YEAR!** Hope you all had a wonderful Christmas and New year celebrations.

### SWIM SESSIONS

**HOWELLS SCHOOL** on Sundays from 6.00pm to 6.45pm.

The sessions for January are on 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup>

**CMC S&S CLUB** on Thursdays from 8.00pm to 8.45pm. The sessions for January are on Thursday 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup>

### **CHRISTMAS BUFFET AND DISCO**

A very successful event and everyone enjoyed the food and people even danced. **Congratulations** to Christine Pope who had the lucky ticket number and won the hamper.

We raised the sum of £165.00 on the raffle. Thanks go to Nick for the music, Clare & Jane for the buffet and Tracey & Howard for the hall and manning the bar. Further thanks to those who did some karaoke singing at the end which helped send people home!

One of the tinsel Christmas trees which were on the tables has gone missing. If you took it away, please can you return it as it belongs to the Club and will be needed next year.

**TRACEY EXTON** - It is with regret that I have to bring the sad news of Tracy's passing early last month after losing her battle with Dementia. Tracy was a member of the Club in the early days and I have passed on our condolences to her parents Arthur and Sheila.

#### **How to contact us**

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Newsletter & Chair	Steve - 029 2025 7314 / 07791 759360 <a href="mailto:stephen.bailey497@ntlworld.com">stephen.bailey497@ntlworld.com</a> Items for the newsletter to be in <b>5 days</b> prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts - Ian - 029 2023 3065      Denise - 029 2075 2909	