

## CHAMELEONS NEWS

The monthly newsletter of the Cardiff Chameleons



Affiliated to: MENCAP Special Olympics GB  
Special Olympics Wales Welsh Sports Association

Website: [www.cardiffchameleons.co.uk](http://www.cardiffchameleons.co.uk)

Registered Charity Number 1103879

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### RENEWAL OF MEMBERSHIP

**TO ALL BOWLERS and SWIMMERS** this is due to be paid **this month**. The membership fee is **£24.00** so if you can, please pay by bank transfer, details are at the end of the newsletter or pay by cheque and to be sent or given to **Barrie**, our treasurer, his address is in the "contact us" section.

A renewal form is attached / enclosed.  
Thank you to those who have already paid.

### SWIM SESSIONS

#### HOWELLS SCHOOL Sessions

For October are on the **1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup>**.

There is now only one session and that is from **6.15pm to 7.00pm**.

For our beginners and novices, their session will be for half an hour from **5.45pm - 6.15pm**.

**PLEASE NOTE:** Due to work being carried out within the school grounds or pool maintenance, sessions may be cancelled. We will endeavour to let you know as soon as we can if this happens.

**CMC S&S CLUB - the sessions for October are on Thursday 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>.**

We are holding a **COFFEE MORNING** on **Saturday 28<sup>th</sup> October** from **10:30 until 12:30** at **St. Philip Evans Community Hall**. Tickets are **£2.00** or you can pay at the door. Tickets are now sale!

We are nearly there in planning our **CHRISTMAS BUFFET AND DISCO** on **Friday 8<sup>th</sup> December** again at **St. Philip Evans Community Hall**. We have secured Nick Palmer for the disco and we have a caterer for the buffet. It will be by **ticket only** and the cost is **£10.00 per person** and will be on sale at the beginning of November. Full details next month!

**FOUND** - After the barbecue I found this earring on the ground, luckily, the ear wasn't attached, if anyone did lose this earring, please let me know.



### BRIDGEND SHARKS GALA

Well done to the swimmers who attended this gala as they all came away with medals of various colour!

### PEMBROKESHIRE PUFFINS' GALA

This is to be held on **Saturday 11<sup>th</sup> November**. This is just a day gala so any swimmer wishing to attend please let Pamela know as soon as possible. I am led to believe that they get chips on the way home in St. Clears!!

### PAYING MONEY TO THE CLUB?

With the closure of our branch of HSBC at Rhyd-y-penau crossroads it is going to be more difficult for Barrie to put in cheques and cash. We have been asking for sometime now to if paying any money to the Club to do it by bank transfer via your own bank.

This will avoid paying bank charges on cash and cheques when paying any monies to the Club, so please try and do it by bank transfer, the details are...

**Bank: HSBC**

**Account name - Cardiff Chameleons**

**Account Number 01431285**

**Sort Code 40-16-30**

*It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.*

Many thanks for your help.

How to contact us	
Coaches	Pamela - 029 2025 7314 07817 380355 <a href="mailto:pamela.bailey6@virginmedia.com">pamela.bailey6@virginmedia.com</a>
	Robin - 029 2021 8006
	Barrie - 029 2075 3038 <a href="mailto:barriejenkins50@live.com">barriejenkins50@live.com</a>
Treasurer	Barrie Jenkins - 029 2075 3038 <a href="mailto:barriejenkins50@live.com">barriejenkins50@live.com</a> 22 Heol Hir, Cardiff CF14 5AE
Newsletter & Chair	Steve - 029 2025 7314 / 07791 759360 <a href="mailto:stephen.bailey497@ntlworld.com">stephen.bailey497@ntlworld.com</a> Items for the newsletter to be in <b>5 days</b> prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian - 029 2023 3065 Denise - 029 2075 2909
<b>Club sessions</b>	
<b>Swimming</b> - Howells School - Sundays 5.45pm - 6.15pm (novices) and 6.15pm - 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW) - Thursdays 8.00pm - 8.45pm	
<b>Bowls</b> - Cardiff Indoor Bowls Club - Fridays - 4.00pm - 6.00pm.	