

CHAMELEONS NEWS

The monthly newsletter of
the Cardiff Chameleons



Affiliated to: MENCAP Special Olympics GB
Special Olympics Wales Welsh Sports
Association

Website: www.cardiffchameleons.co.uk

Registered Charity Number 1103879

**VOLUME 30 - ISSUE 09 -
SEPTEMBER 2023**

CONGRATULATIONS TO

TERESA POPE who celebrates her 60th
birthday this month. We hope you have an
enjoyable day!!

JOHN POPE, Christine's husband and
Teresa & Sandi's father passed away last
month. Our condolences to them and all
the family.

RENEWAL OF MEMBERSHIP

TO ALL BOWLERS and SWIMMERS this
is due to be paid next month. The
membership fee is **£24.00** so if you can
please pay by bank transfer, details are at
the end of the newsletter or pay by cheque
and to be sent or given to **Barrie**, our
treasurer, his address is in the "contact us"
section.

A renewal form is attached / enclosed.

SWIM SESSIONS

HOWELLS SCHOOL Sessions

For September are on 10th, 17th and 24th.

There is now only one session and that is
from **6.15pm to 7.00pm**.

For our beginners and novices, their
session will be for half an hour from
5.45pm - 6.15pm.

PLEASE NOTE: Due to work being carried
out within the school grounds or pool
maintenance, sessions may be cancelled.
We will endeavour to let you know as soon
as we can if this happens.

**CMC S&S CLUB - the sessions for
September are on Thursday 7th, 14th, 21st
and 28th.**

ANNUAL CLUB SWIMMING GALA & PRESENTATION CEREMONY

Following on from a wonderful gala the
week before the **PRESENTATION
CEREMONY** was a great success. Just a
couple of swimmers were away, but all

swimmers were cheered and clapped as
they came up to receive their awards
whether it was a cup, medal or certificate.
A good selection of food was bought for
the buffet. My thanks go to those who
presented awards (some at very short
notice) and to the hall staff. We made
£122.00 on the raffle.

It would be nice if I could have some
feedback on whether you preferred the
afternoon or as in previous years the
evening to hold this event and was the
Sunday better or have it the week.

BRIDGEND SHARKS GALA

A small team of our swimmers are off
down to Aberavon to attend this gala.
Good Luck to you!

DATES FOR YOUR DIARY

We are holding a **COFFEE MORNING** on
Saturday 28th October from 10:30 until
12:30 at **St. Philip Evans Community Hall**.
Tickets are **£2.00** or you can pay at the
door.

We are planning a **CHRISTMAS BUFFET
AND DISCO** on **Friday 8th December**
again at **St. Philip Evans Community Hall**.
Further details next month!

PENARTH OPERATIC & DRAMA SOCIETY (PODS)

Their pantomime this year is **PUSS IN
BOOTS**. Tickets are **£15.00** and if you
would like to attend, please can you let
Pamela know as soon as possible. Thank
you.

PAYING MONEY TO THE CLUB?

With the imminent closure of our branch of
HSBC at Rhyd-y-penau crossroads it is
going to be more difficult for Barrie to put
in cheques and cash. We have been
asking for sometime now to if paying any
money to the Club to do it by bank transfer
via your own bank.

This will avoid paying bank charges on
cash and cheques when paying any
monies to the Club, so please try and do it
by bank transfer, the details are...

Bank: HSBC

Account name - Cardiff Chameleons

Account Number 01431285

Sort Code 40-16-30

*It would also be helpful if you could add
your surname and/or reason for payment
e.g., Membership.*

Many thanks for your help.

How to contact us	
Coaches	Pamela - 029 2025 7314 07817 380355 pamela.bailey6@virginmedia.com
	Robin - 029 2021 8006
	Barrie - 029 2075 3038 barriejenkins50@live.com
Treasurer	Barrie Jenkins - 029 2075 3038 barriejenkins50@live.com 22 Heol Hir, Cardiff CF14 5AE
Newsletter & Chair	Steve - 029 2025 7314 / 07791 759360 stephen.bailey497@ntlworld.com Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail
Other contacts	Ian - 029 2023 3065 Denise - 029 2075 2909
<p align="center">Club sessions</p> <p>Swimming - Howells School - Sundays 5.45pm - 6.15pm (novices) and 6.15pm - 7.00pm. Cardiff Medical Centre Sports & Social Club (UHW) - Thursdays 8.00pm - 8.45pm</p> <p>Bowls - Cardiff Indoor Bowls Club - Fridays - 4.00pm - 6.00pm.</p>	

A CHRISTIAN GROUP FOR ADULTS WITH
LEARNING DISABILITIES

CARDIFF

CAUSEWAY

MEET NEW PEOPLE AND LEARN MORE ABOUT
JESUS THROUGH HIS WORD, MUSIC, CRAFT,
DRAMA AND SOCIAL EVENTS

WHERE
MACKINTOSH EVANGELICAL CHURCH, CF24 4RL

WHEN
3PM TO 4:30PM
EVERY SECOND AND FOURTH SUNDAY

CONTACT: MARION 02920411531